



**Free  
Public  
Admission**

***Browse Exhibitor Booths***

***Learn About Different  
Types of Alternative  
Medicine***

# **1st Annual Alternative Medicine and Holistic Health Expo**

**Free  
Workshop/Seminar Schedule:**

- 11:30 -12:00 a.m. Rock, Bounce & Sway Your Baby to Success
- 1:00 - 1:30 p.m. First Aid & Homeopathy
- 2:00 - 2:30 p.m. Integrated Energy Therapy
- 3:00 -3:30 p.m. Healing Aspects of Past Life & Spiritual Journey
- 4:00 -4:30 p.m. Natural Alternatives for Addressing ADD/ADHD
- 5:30 -6:00 p.m. Ageing with Ease

## **Best Western Renfrew Inn**

**760 Gibbons Road, Renfrew, Ontario.**

**Keynote Speaker:**

7:00 - 8:00 p.m.

**Roslyn Franken MA HSI**

Author of

“The A List: 9 Guiding Principles for Healthy Eating and Positive Living”.

Roslyn will be available for book signing throughout the day.

Books available for sale at the Expo.

**Tel: 613-433-7818**

**November 10, 2006**

**10:00 a.m. - 9:00 p.m.**

**E-mail:**

**holistic-healthexpo@hotmail.com**